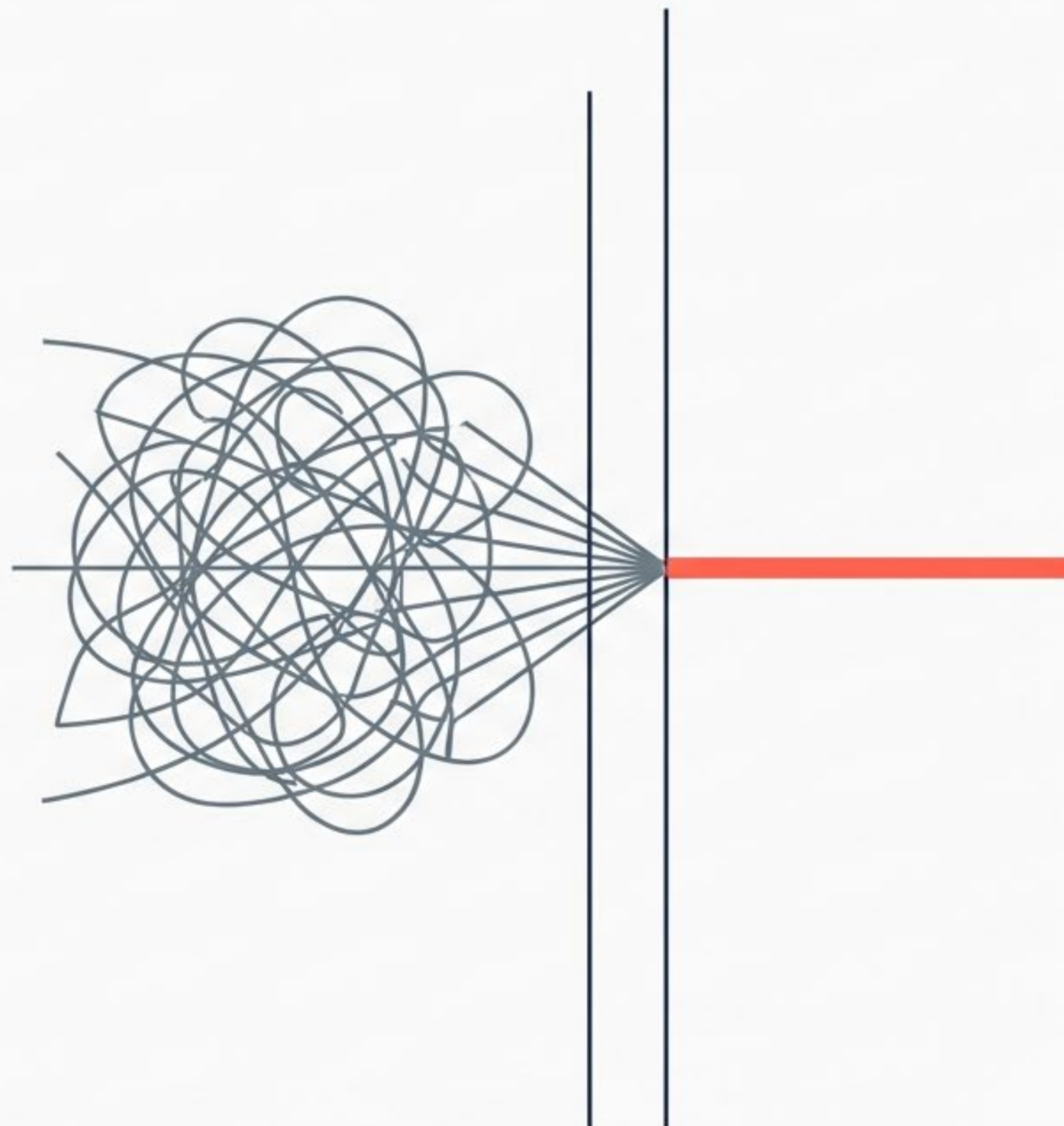



AI as a New Leadership Muscle

The 30-Day Lab: From AI User to AI-Enabled Banker



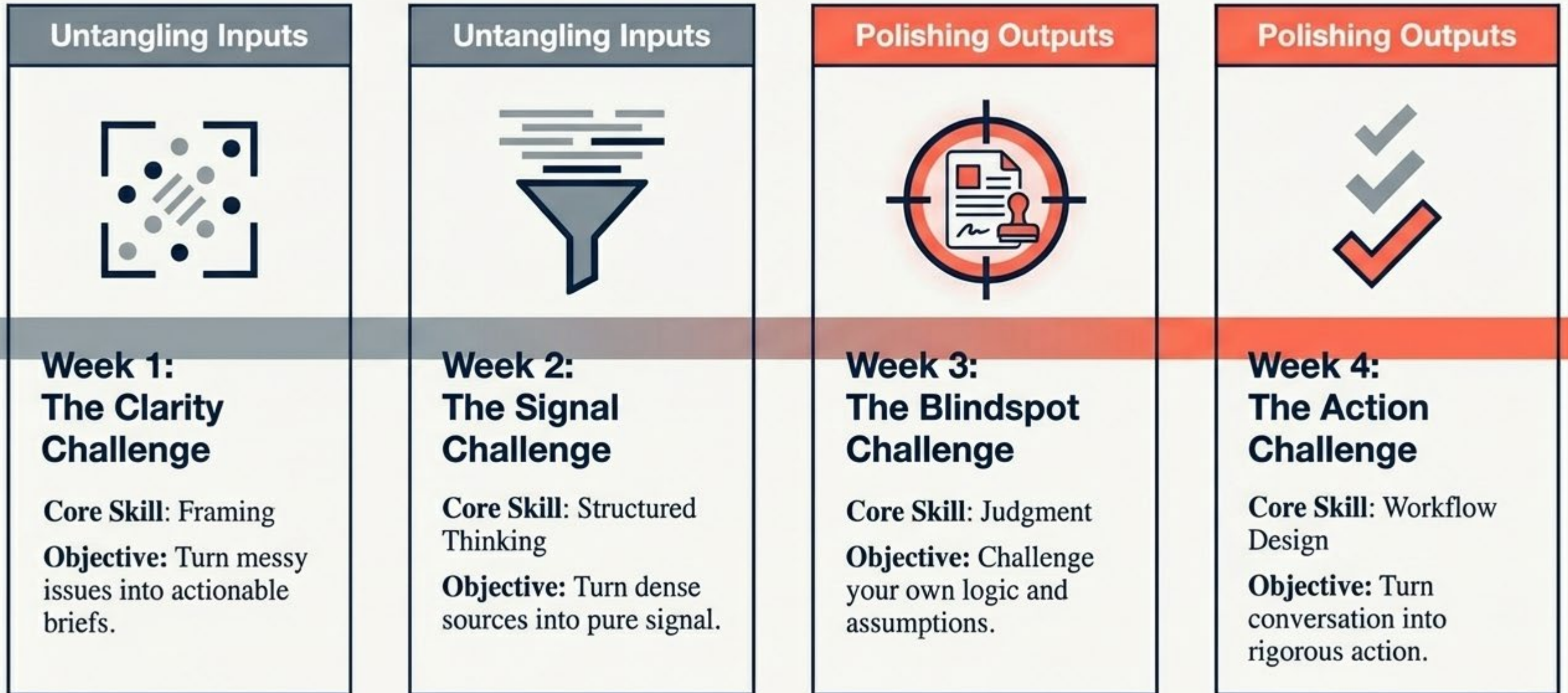
The Core Thesis

The Myth
<p>The Goal is NOT</p>  <p>To turn you into a prompt engineer.</p>
 <p>Output: A chat history.</p>

The Reality
<p>The Goal IS</p>  <p>To build a <u>sharper</u>, <u>faster</u>, more <u>disciplined</u> leader.</p>
 <p>Output: A portfolio of <u>executive-grade artifacts</u>.</p>

AI will not replace leaders who **think clearly.
It will **amplify leaders** who do.**

The 30-Day Roadmap: Building the Muscle



Lab Protocol & Guardrails



- ✓ Complete one challenge per week.
- ✓ Choose real issues, documents, or conversations from your actual work.
- ✓ Review and edit outputs carefully. Apply appropriate judgment.

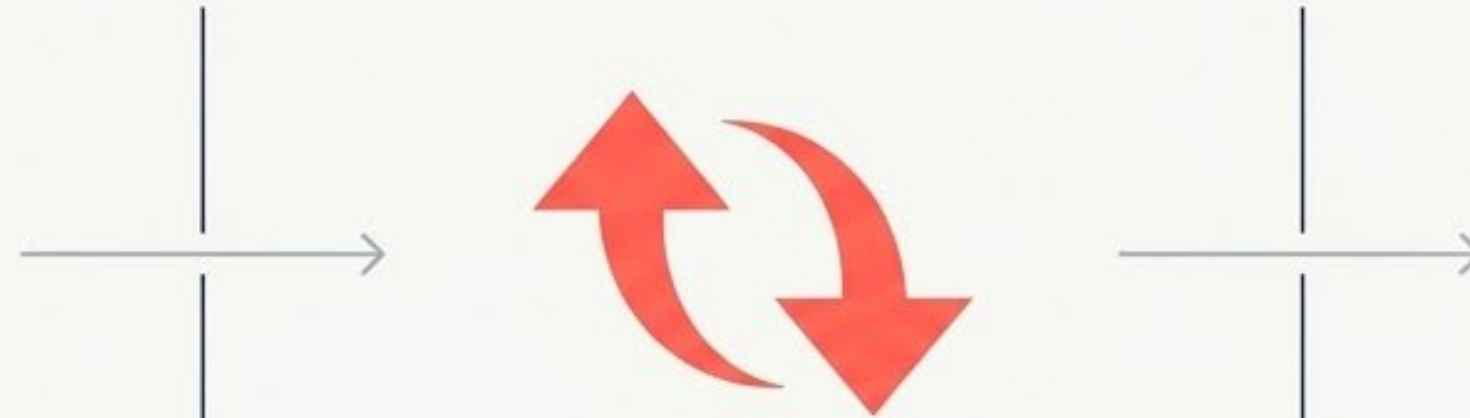


CRITICAL GUARDRAIL: ZERO-TRUST DATA POLICY

Do NOT paste customer data, confidential bank information, or sensitive material into tools that are not approved for that use.

Week 1: Turn a messy issue into a clear brief

Core Skill: Framing | Pattern: Flipped Interaction



The Raw Material (Input)

Choose a real issue:

Slow follow-up on leads

Friction in account onboarding

Repeated complaints

Unclear process ownership

The AI Engine (Process)

Interact:

Have AI interview you about the issue, identify likely causes, surface stakeholders, and propose paths forward.

The Deliverable (Output)

The 1-Page Issue Brief:

Problem, Why it matters, 2-3 Causes, 2-3 Actions, Next Steps.

Stretch Goal: Ask AI to rewrite the brief for two distinct audiences: your boss and your frontline team.

Week 2: Turn dense information into decision-useful signal

The Raw Material (Input)



Choose a dense source:

An industry article

A policy update

A vendor deck

Regulatory update

The AI Engine (Process)



Interact:

Have AI summarize, extract key points, and highlight one major risk, question, or implication for your specific area.

The Deliverable (Output)

[What it says]	[Why it matters]	[What I should watch]

A Decision Table:

[What it says | Why it matters | What I should watch]

Stretch Goal: Ask AI to compare the source against your current process, policy, or product to identify one critical gap or opportunity.

Week 3: Pressure-test your own thinking

Core Skill: Judgment | Pattern: Devil's Advocate

The Raw Material (Input)



Choose a draft:

Proposed process change

Customer communication

Team memo

Leadership presentation

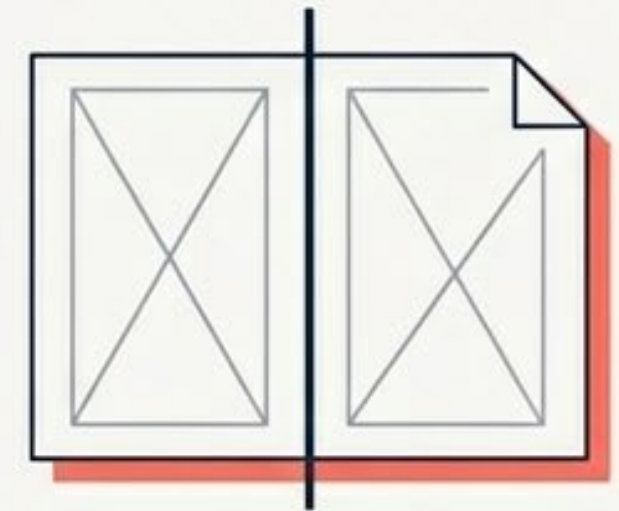
The AI Engine (Process)



Interact:

Use AI as a sparring partner to challenge logic, flag hidden assumptions, and simulate what a skeptical executive might question.

The Deliverable (Output)



A Revised Recommendation:

[What AI challenged | What I changed as a result]

Stretch Goal: Critique the draft from 3 distinct angles: Compliance, Operations, and Executive Leadership. Anticipate resistance before it shows up.

Week 4: Capture conversation and drive action

Core Skill: Workflow Design | Tools: GPT, Copilot, NotebookLM, Tactiq

The Raw Material (Input)



Choose a conversation:

Team meeting

Project check-in

Brainstorm

Customer debrief

The AI Engine (Process)



Interact:

Use AI to summarize themes, extract specific action items, and assign owners.

The Deliverable (Output)



Meeting Output Pack:

[Summary, 3 Actions, Owners, Follow-up Email Draft]

Stretch Goal: Upload notes + a related article into NotebookLM to identify overlap, and create a visual concept based on the analysis.

The 30-Day Results Folder: Your Proof of Practice

Do not judge progress by prompts written. Judge it by the clarity of your output and the strength of your follow-through.



- The 1-Page Issue Brief (Clarity)
- The Decision Table (Signal)
- The Stress-Tested Recommendation (Judgment)
- The Meeting Output Pack (Action)

THE AMPLIFIER EFFECT

By the end of these 30 days, you are better equipped to frame business problems, extract signal from dense material, stress-test your recommendations, and turn meetings into rigorous action.

All without outsourcing your judgment.

AI is not the leader. You are. This is your new muscle.